

COPPERMILL PRIMARY SCHOOL

Headteacher Mrs Figen Bektaşoğlu
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Learning Together, Achieving Forever

Friday 4th May 2018

Ramadan – Year 5 and 6 only

Dear Parent / Carer

We are aware that some families are preparing to celebrate Ramadan, the month of fasting, which this year falls partly during the school term and starts during the first week of KS2 SATs. Therefore I am writing to clarify the arrangements we have made to support your child's learning at this time, in the spirit of business as usual.

We understand that all children who have reached puberty are under obligation to fast and that many younger ones will want to join their friends and family and try fasting. We are aware that in many families this is achieved through involvement for part-days, selected days or at weekends. We also need to bear in mind that the National Health Service considers fasting prior to the age of seven or eight is not advisable. We have a legal duty to safeguard your children while they are in our care at school and we also wish to ensure they can continue to learn. **As such, we would strongly advise that Year 6 pupils postpone the start of their fast until Friday 18th May when the SATs tests will have ended – please speak to Miss Adeel if you have any issues or concerns with this.**

If you feel that your child is able to fast and they choose to do so, we can arrange for them to sit quietly at lunchtime. Alternatively they can join their friends in the playground, as long as they conserve their energy by taking part in less energetic activities.

Please bear in mind the following:

- The school will support those who choose to take part, but will not enforce the fast.
- If a child faints due to dehydration, they will be given water.
- For health and safety reasons, no child will be allowed to fast unless we have their parent's written consent.
- If we have significant concerns about your child's health, we will need to be able to contact you during the school day.
- Please ask your children to respect the choices of other families about this and not to pressure other children to fast.

If your child wishes to fast at school and you agree with this, please complete and return the form below to your child's class teacher by Thursday 10th May 2018. Please note that, unless we receive your signed permission for your child to fast at school, we will assume that they are not taking part.

Yours sincerely

Mrs Figen Bektaşoğlu
Headteacher

(Adapted from LBWF's Ramadan guidance for schools)

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Ramadan – children who **WILL** be fasting in Year 5 or 6 ONLY

Child's Name:..... Year: 5 6 (please circle to indicate) Class:.....

My child will fast in school on the following days during Ramadan (**please circle which days**):

Monday

Tuesday

Wednesday

Thursday

Friday

Parent / Carer Name:..... Parent / Carer Signature:.....

