

COPPERMILL PRIMARY SCHOOL

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Learning Together, Achieving Forever

Thursday 18th January 2018

SRE – Personal, Social, Health and Relationships Education

Dear Parents / Carers

As part of our PSHE curriculum teachers will be delivering a series of lessons in the next couple of weeks, covering a range of topics through the CWP scheme of work which has been quality assured by the Association of PSHE. We feel that this scheme of work has been carefully designed taking into consideration age appropriate materials which is well matched to meet the needs of our pupils at Coppermill. The CWP resource encourages children to develop the skills of listening, empathy, talking about feelings and relationships with families and friends.

In Reception we focus on daily routines, keeping clean and families. From Year 1 children will learn the names of the body parts, the differences between males and females and the ways in which they will develop and grow. Importantly, they will also learn to recognise unsafe and risky situations and to ask for help. The curriculum continues to develop their knowledge and skills as they learn about the physical and emotional changes of puberty and about reproduction. In Year 6 there is an extra lesson on internet safety and communication in relationships.

As with all learning at Coppermill, sessions will be conducted in a safe, trusting and secure environment with age specific materials in line with our SRE policy. Please see below for the overview for each year group. A more detailed scheme of work for your child's year group will be available on our school website for your reference under the Letters and Parent Information section.

Reception	Daily routines Keeping ourselves clean Recognising that families can be different
Year 1	Understanding hygiene Growing and changing (<i>including naming private parts with their scientific name of babies only</i>) Different types of families and who to ask for help
Year 2	Understanding male and female gender stereotypes Understanding the physical differences between males and females (<i>including naming private parts with their scientific name</i>)
Year 3	Explore differences between males and females and to name the body parts Considering 'touch' and that a person has a right to say what they like and dislike Exploring different types of families and who to go to for help and support.
Year 4	The human life cycle Some facts about puberty Explore how puberty is linked to reproduction
Year 5	Emotional and physical changes in puberty Impact of puberty and importance of physical hygiene
Year 6	Puberty and reproduction Physical and emotional behaviour in relationships Conception and pregnancy Positive and negative ways of communicating in a relationship

We are really passionate about all pupils having the opportunity to explore these important topics safely. If you require any further information, would like to see the materials or have any concerns please do not hesitate to contact your child's class teacher.

If you would prefer for your child to be opted out of these lessons, then you must complete the **OPT-OUT** slip overleaf and return it to the school office or your child's class teacher **by Wednesday 24th January** at the very latest.

Thank you for continued support.

Yours sincerely

Mrs Figen Bektaşoğlu
Headteacher

OPT-OUT SLIP FOR SRE – Personal, Social, Health and Relationships Education Lessons

I **DO NOT** want my child to participate in SRE lessons.

Name of child:..... Year:..... Class:.....

Signed:..... Date:.....

*Please only return this slip if you **do not** want your child to participate in the lessons. Please hand it in to the school office or to your child's class teacher by Wednesday 24th January 2018, at the very latest.*

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